

Scott County 4-H Times

DECEMBER



We Need You!

The 4-H Council is an advisory group made of community leaders, program volunteers, and 4-H Agents. The purpose is to bring attention to the needs of the youth in our community and develop programs accordingly. The volunteers serving on the council are tasked with two primary functions:

- 1.) Help agents by guiding the programming efforts through their knowledge of the county and the various populations of youth in the community.
- 2.) Assist agents with fundraising efforts. The 4-H program is a non-profit organization that operates on donations from the community. The various clubs and projects that youth take part in each year are funded by the 4-H council through annual, secured donations. Youth needing financial assistance for 4-H projects or activities may request funds from the 4-H Council.

The 4-H Council is vitally important to the success of the program. Without the help of the council, the program would not have the capability to grow or provide the means for youth to thrive. 4-H Agents are tasked with taking the guidance from the council to develop, implement, recruit volunteer assistance, and ensure the programs align with the goals and mission of 4-H Youth Development. The 4-H Council and agents work together as a team to provide quality programs that will ensure youth become positive, contributing members of their community, as well as develop hands on skills that will aid them in their educational/professional careers.

In This Issue:

4-H Council, Club Dates, Recipe of the Month, Holidays, Cancellation Policy, Save The Date for Camp, Country Ham, Holiday Open House



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 EYINGTON, KY 40546



Disabilities
accommodated
with prior notification

Scott County 4-H Times

DECEMBER

All Meetings at The Scott County Cooperative Extension Office
unless listed otherwise.

4-H Poultry Club

December 12th
6:00pm



4-H Livestock Club



December 1st
4:00pm

Neigh Team

December 5th
6:30pm meeting
5:30pm Horse Bowl Practice



4-H Cloverbuds



December 12th
6:00pm

To sign-up, please email
sarah.redmon@uky.edu

4-H Teen Club

December 12th
4:30pm
(For High School Students)



4-H Adventure



December 10th
10:30-1pm

RSVP by December 8th
No meeting on December 15th.

4-H Rabbit Club

December 12th
6:00pm



Shooting Sports



December 13th
6:00pm
(NO Firearms /Bows!)

4-H Cooking Club

No 4-H Cooking
Club this month!



4-H Dog Club



December 8th
6:00 p.m.

Members need to bring a
picture of them with their dog
(Art Project activity)

4-H Photography Club

December 14th
5:30pm



Middle School Leadership

Meetings are held after school, at each school.

RSMS - December 12th GMS - December 13th SCMS - December 14th



CAMP CORNER



Field Games!



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Scott County 4-H Times

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4-H Volunteers

4-H Council Meeting:
January 30th
4:30 pm
Scott County Extension Office



If you are looking to get involved in 4-H as a volunteer please reach out to the 4-H Agents for more information on getting started.

Recipe of the Month

Butternut Squash and Turkey Chili

2 tablespoons olive oil	1 pound (1 small) butternut squash — peeled, seeded, and cut into 1-inch cubes	2 (14.5-ounce) cans petite diced tomatoes	1 (15.5-ounce) can white hominy, drained
1 medium onion, chopped	1 cup low-sodium chicken broth	1 (15-ounce) can no-salt-added kidney beans, drained and rinsed	1 (8-ounce) can tomato sauce
4 cloves garlic, minced	1 (4.5-ounce) can chopped green chilies		1 tablespoon chili powder
1 pound ground turkey			1 tablespoon ground cumin
			1/2 teaspoon salt

Stovetop: Heat the olive oil in a large pot over medium heat. **Stir** in the onion and garlic; **cook** and **stir** for 3 minutes or until onion is translucent. **Add** ground turkey. **Break** into pieces and **stir** until cooked through and no longer pink. **Add** the butternut squash, chicken broth, green chilies, tomatoes, kidney beans, hominy, and tomato sauce. **Season** with chili powder, cumin, and salt. **Bring** to a simmer, **reduce** heat to medium-low, and **cover**. **Simmer** until the squash is tender, about 20 minutes.

Electric Pressure Cooker: **Press** sauté function. **Add** olive oil and onion; **cook** and **stir** for 3 minutes or until onion is translucent. **Add** garlic and **cook** for 30 more seconds. **Add** ground turkey. **Break** into pieces and **stir** until cooked through and no longer pink. **Add** the butternut squash, chicken broth, green chilies, tomatoes, kidney beans, hominy, and tomato sauce. **Season** with chili powder, cumin, and salt. **Close** the lid, and then turn venting knob to the sealing position. **Pressure cook** at High Pressure for 15 minutes, **allow** for a natural release. **Open** the lid carefully.

Yield: 10, 1-cup servings

Nutrition analysis:
190 calories, 4g total fat, 0.5g saturated fat, 20mg cholesterol, 590mg sodium, 25g total carbohydrate, 7g fiber, 5g total sugars, 0g added sugars, 16g protein, 0% DV vitamin D, 8% DV calcium, 10% DV iron, 15% DV potassium



CLUB CORNER



Cooking Club!



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Save The Date



VOLUNTEER CORNER



Thank You!



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Emergency Cancellation Policy

Scott County 4-H programs and clubs will follow Scott County Schools on weather & sickness cancellations. If schools are closed, programs are cancelled. 

Civil Rights Statement

The College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the bases of race, color, ethnic origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to Equal Opportunity Office, College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546, the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.

Patrick Allen

Scott County Extension Agents
for 4-H Youth Development
Visit us @ scott.ca.uky.edu

Sarah Redmon

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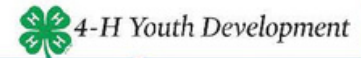


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University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



SCOTT COUNTY 4-H COUNTRY HAM PROJECT

Give the gift of experience & education
this holiday season!



A project for the entire family!

- Cloverbuds 5-8 years old or Adults
 - 1 country ham/ \$40.00
- Youth ages 9-18 years old
 - 2 country hams/ \$60.00
 - Compete at the Kentucky State Fair,
Country Ham Day Speech Contest!

*See contract for additional requirements



Deadline for contracts and payment is
December 12th. Checks or exact cash will
only be accepted. Please make checks
payable to Scott County 4-H Council

For more information or
for country ham contract please
email sarah.redmon@uky.edu



SATURDAY, MARCH 11TH



SCOTT COUNTY 4-H

COMMUNICATIONS CONTEST



WHEN:
SATURDAY, MARCH 11TH

TIME: 9:00 – 3:00

Order of events will be determined based on number of youth registered.

CATEGORIES:
SPEECH
DEMONSTRATION
MOCK JOB INTERVIEW

REGISTRATION:

The registration form will be shared in a later Newsletter as well and posted on the website.

WHERE:
SCOTT COUNTY
COOPERATIVE
EXTENSION OFFICE

VOLUNTEERS NEEDED:


If you would like to volunteer as a judge, please contact Patrick Allen. There are rubrics and score sheets for all categories.

ALL GUIDELINES AND CATEGORIES CAN BE FOUND ON THE SCOTT COUNTY EXTENSION WEBSITE. IF YOU HAVE QUESTIONS PLEASE CONTACT PATRICK ALLEN.

 www.scott.ca.uky.edu

 patrick.allen@uky.edu



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SCOTT COUNTY
4-H PRESENTS



FILL THE SLEIGH

We are collecting donations for two groups in Scott County.
Donations are needed by December 9th.

LOCAL YOUTH IN FOSTER CARE

- Blankets
- New/gently used stuffed animals, books, toys, backpacks, duffel bags, drawstring bags.
- Feminine hygiene items
- Socks -all sizes
- New hair ties
- Individually wrapped toothbrushes & toothpaste
- Travel size shampoo & conditioner

THE GATHERING PLACE MISSION

- Toilet paper
- Paper towels
- Copy paper
- Cases of water
- Disposable dinner and dessert plates
- Disposable forks and spoons (no knives)
- Bleach
- Fabuloso
- 13 gallon trash bags
- Quart and gallon size storage bags

Items can be dropped off at GCHS, SCHS, or the Scott County Extension Office.