

OCTOBER



National 4-H Week

October 6-12, 2024 has been declared NATIONAL 4-H WEEK throughout the state of Kentucky.



Beyond Ready

Join 4-H today at
4-H.org

National 4-H Week showcases the incredible experiences that 4-H offers young people, and highlights the remarkable 4-H youth in Kentucky who work each day to make a positive impact on those around them.

Be on the look out for info on how to share your 4-H story.



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook
<https://www.facebook.com/scott4h>



Madison Adkins
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Crystal Beitler
4-H Program Assistant
crystal.beitler@uky.edu



Disabilities
accommodated
with prior notification.



Scott County 4-H Times

OCTOBER

All Meetings at The Scott County Cooperative Extension Office unless listed otherwise.

4-H Poultry Club

October 14
6pm



4-H Livestock Club



October 9
4:30pm

4-H Art Club

October 15
6pm



4-H Cloverbuds



October 15
6pm

4-H Teen Club

October 29
6pm



Shooting Sports



Practice will start back
in April

4-H Rabbit Club

October 21
6 pm



4-H Fishing Club



October 24
5:30pm

4-H Adventure Club

Meetings are ongoing



4-H Sewing Club



Units 2 and 3:
Meetings start in
October



Adv. Sewing: Nov. 12th
Orientation (MUST have
completed units 1-3)

Unit 1: Starts in January
Call Ext. Office to sign up.

Weather Policy

If Scott County Schools are closed due to a weather or an illness emergency, all 4-H activities at the Scott County Extension Office are cancelled.

CLUB CORNER



Adventure Club!



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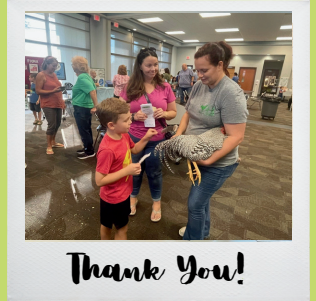


4-H Issues Conference 2024

Issues Conference allows teens to identify and solve problems within their community. By working with other teens around the state, imagination can become a reality. Contact your 4-H agent for more info.



VOLUNTEER CORNER



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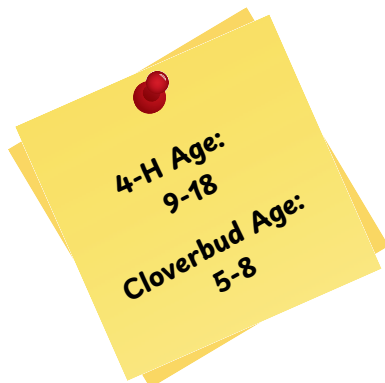
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4-H Enrollment

It's not too late to enroll in 4-H for the new program year.



<https://v2.4honline.com>

Youth must be enrolled in 4-H Online to participate in any 4-H activities.

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Southern Region Teen Leadership Conference

Three of our teens visited one of Tennessee's 4-H camps to learn about 4-H programs all across the southern states.



CAMP CORNER



Flag Ceremony!



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Recipe of the Month



Pumpkin Apple Muffins

- | | | |
|---------------------------------|----------------------------|--|
| 1 1/4 cups all-purpose flour | 1/2 teaspoon ground ginger | 1 1/2 cups fresh pureed pumpkin |
| 1 1/4 cups whole-wheat flour | 1/2 cup canola oil | 2 cups Granny Smith apples, finely chopped |
| 1 1/4 teaspoons baking soda | 1/2 teaspoon ground nutmeg | |
| 1/2 teaspoon salt | 1 1/4 cups honey | |
| 1 1/2 teaspoons ground cinnamon | 2 large eggs | |

Preheat oven to 325 degrees F. In a large bowl, **combine** flours, baking soda, salt and spices. In a small bowl, **combine** honey, eggs, pumpkin and oil; **stir** into dry ingredients just until moistened. **Fold** in apples. **Fill** greased or paper lined muffin cups, two-thirds full. **Bake** for 25 to 30 minutes or until muffins test done. **Cool** for 10 minutes before removing from pan.

Note: Can substitute two cups granulated sugar for honey, decrease baking soda by 1/4 teaspoon and increase oven temperature to 350 degrees F.

Yield: 18 muffins

Nutritional Analysis: 200 calories, 7 g fat, 0.5 g saturated fat, 35 mg cholesterol, 160 mg sodium, 35 g carbohydrate, 2 g fiber, 20 g sugar, 3 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

Madison Adkins



Madison Adkins
Scott County 4-H Agent

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Martin-Gatton
College of Agriculture,
Food and Environment

C3-C4 4-H

Area Middle School Retreat



NOVEMBER 4-5, 2024-25

UNDER THE WESTERN NEON SKY!
JOIN US AS OUR 4-H COWBOYS AND
COWGIRLS GLOW WEST!

COST: \$65

LOCATION: NORTH CENTRAL 4-H CAMP

DEADLINE TO REGISTER: OCTOBER 22ND

Contact your 4-H agent for more information!

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



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