



SEPTEMBER



4-H Enrollment

Welcome Back!

Enrollment for 4-H will begin mid September 2022, we will send an email when the link goes live for the 2022 - 2023 program year. At that time all current members will need to log on and re-enroll. All new members will create a login and enroll for the first time.

The link will be located on our scott.ca.uky.edu website when it becomes active. Please do not re-enroll or try to enroll before you received notice of the 2022 -2023 program enrollment being activated.

4-H Sewing

We are starting 4-H Sewing back up this fall! We have 3 sewing units for our 4-H youth, ages 9 and up. Unit 1 is for our beginner youth. Unit 2 & 3 is for our youth that have completed Unit 1 4-H Sewing, Advanced Sewing is for our youth who have completed Unit 3 4-H Sewing. If you are interested in participating, please email Sarah at sarah.redmon@uky.edu to sign up.

Spots are limited!



Contact Us:

Phone 502-863-0984

502-863-2392

Website Scott.ca.uky.edu

Facebook: https://www.facebook.com/scott4h





Patrick Allen patrick.allen@uky.edu

Sarah Redmon sarah.redmon@uky.edu



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE 1130 CINCINNATI ROAD, GEORGETOWN, KY 40324







September

4-H Poultry Club

September 12th 6:00pm Scott County Extension Office

4-H Livestock Club

September 10th 9:30am-12:00pm Charles Brooking Park Blue Livestock Barn.

4-H Cloverbuds

October 4th 6:00pm Scott County Extension Office

<u>Neigh Team</u>

September 27th 6:30pm Scott County Extension Office

4-H Adventure

Please email Sarah Redmon to sign-up.

First meeting - September 29th

6:00pm at the Extension Office

Parent needs to attend first meeting.

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Information to follow.

4-H Teen Club

4-H Rabbit Club

4-H Dog Club

Information to follow.

6:00pm

September 12th 4:30pm Scott County Extension Office This club is for youth in high school.

First meeting September 19th

Scott County Extension Office

First meeting will be in October.

Middle School Leadership

First meeting will be in October

Shooting Sports

First meeting - October 18th 6:00pm Scott County Extension Office

Parent needs to attend first meeting.

4-H Cooking Club

Information coming soon.

CAMP CORNER



High Ropes!



Facebook:

https://www.facebook.com/scott4h



SCAN ME



Patrick Allen patrick.allen@uky.edu

Sarah Redmon sarah.redmon@uky.edu

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September

























CLUB CORNER





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Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.











September

Recipe of the Month



Cucumber, Corn, and Bean Salsa

cooked

dressing mix

1/2 cup cider vinegar

- 2-3 large cucumbers
- 2 tomatoes
- 1 yellow bell pepper
- 1 small red onion
- ¼ **cup** chopped fresh cilantro ½ **cup** black beans

Wash all vegetables. Finely chop cucumbers, tomatoes, pepper, and onion. Combine in a large mixing bowl with chopped cilantro. Drain and ripse beans and add to

Drain and rinse beans and add to chopped vegetables. Add corn. If using canned corn instead of fresh, drain off liquid prior to adding to vegetables.

In a small bowl, mix together ranch

2 tablespoons sugar, optional
dressing packet, vinegar, and sugar.
Pour dressing over vegetables and

1/2 cup fresh whole kernel corn,

1 ounce package dry ranch

mix well. **Serve** immediately or refrigerate until chilled. **Yield:** Makes 20, ½ cup servings.

Nutrition Analysis: 50 calories, 0 g fat, 130 mg sodium, 7 g carbohydrates, 2 g fiber, 70% Daily Value of vitamin C and 6% Daily Value of vitamin A



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

4-H Day Trip



Join us for a fall break adventure to the Louisville Slugger Museum followed by lunch at WW Cousins.

- October 4th
- 9:00am 2:00pm
- Open to all 4-Hers (age 9+)
- \$11 for ages 9-12, \$18 for ages 12+ for museum tour
- \$20 suggested for lunch
- Register by September 30th by emailing sarah.redmon@uku.edu
- Limit 10 kids
- First come, first serve



VOLUNTEER CORNER



|hank You!



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Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, region, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON KY 40546







September

4-H Volunteers

4-H Council Meeting: September 20th @ 6:00 pm Scott County Extension Office

If you are looking to get involved in 4-H as a volunteer please reach out to the 4-H Agents for more information on getting started.





Jone Stril alle Scott County Extension Agents for 4-H Youth Development Visit us @ scott.ca.uky.edu

Jarah Redmon

Sarah Redmon

CLOVER CORNER



Cloverbud Camp



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PASSPORT KITCHEN

A Self-Paced @ Home Experience

Explore cultures, countries, and food from your own kitchen with this 5-week program. Youth who register will receive a kit filled with interactive materials and ingredients.

Registration Ends: |

MONDAY, OCTOBER 17TH Kits ship October 28th I COST: \$20

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development

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